Tuesday 5<sup>th</sup> October 2021

Psalm 15: 3 "...and has no slander on his tongue,
who does his neighbour no wrong
and casts no slur on his fellow-man,"

Proverbs 11: 9 "With his mouth the godless destroys his neighbour,

but through knowledge the righteous escape."

'Have you heard?', 'Did you know?', 'You'll never guess.' We do like to gossip and spread rumours and half-truths. Worse we denigrate and criticise others as a way of showing our supposed superior knowledge of local news and views.

It's all very unkind and un-Godly as well. The psalmist is clear none of these words should be uttered.

Help us, Lord to mind our tongues, see the good in people, praise their achievements, listen understandingly to their woes and only speak gracefully. Amen.