

Tuesday 26th October 2021

Psalm 23: 4 *“Even though I walk*

through the valley of the shadow of death,

I will fear no evil,

for you are with me;

Your rod and your staff,

they comfort me.”

Proverbs 10: 24 *“What the wicked dreads will overtake him;*

but the righteous stand firm for ever.”

We will all die. Does that worry us? Do evildoers think or even bother about it? Probably most of us try to ignore the inevitability of death but all of us will go through the process of dying whether that be sudden or protracted. Perhaps most of us hope it won't be undignified or painful. The physical deterioration will be obvious to us but how will we handle it mentally?

The well know Psalm 23 points the way for the Christian believer. Faith in the promise of redemption for our sins and everlasting life should keep us calm and at peace with ourselves. For those with a guilty conscious or evil ways that inner calmness may be more elusive. For the faithful righteousness in all we do, say or think will bring us the reward of ever lasting peace.