

Wednesday 19th January 2022

Matthew 11:29

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

Take the Yoke to Let Go do you remember when the big Clydesdale horses would walk down the fields with a heavy work yoke between them helping to take the load. It would help the workers get the farm work done much quicker and easier. Together they would be in balance working hand in hand or should I say hoof in hoof. At the end of the day they would go back to the stables and the farmhands would lift the yoke off these beautiful animals' shoulders then feed and bed them down for a well-earned rest. We can take a good lesson from them. We have to balance work and rest equally to be able to keep us going throughout the work week then come to have the well-earned rest on the Sabbath day rejuvenating us for the following week. Christ gives us all the invitation to go with him and let him bear the yoke for us. In doing this Christ will help us to balance our work and rest times properly. He will walk the road with us helping to carry us when it is needed. We must join together with Christ so that we are balanced together equally, and in doing so, like the horses we trust in our master. That same master who lived and died so all our sins can be forgiven. When you trust and believe in Christ, the yoke will be so much lighter to carry, and we will receive true rest. Live your life together in harness and receive all that Christ has to offer you yesterday today and forever. Leave the world with all its noise and busyness and take time to read scripture and listen for God speaking to you.

Father, help us see that Your Yoke is light and when we walk with You we will experience your peace.