Wednesday 20th January 2021

1 John 3:1

"How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!" (NIV Bible)

How wonderful that God has taken us to be one of his children, we are all as one in his family. how huge is this? The very person who made the world and all that is in it, and still after all that time that has passed and so much has happened good and bad, we are still his family. We have so many tasks everyday so many emails and phone calls and meetings to attend to, people to deal with it just goes on and on. Is it any wonder we sometimes forget to take time for ourselves, and our families and of course time for God? if we have a screen of any kind i.e. phone or lap top or computer we need to put on it a screen saver that reminds us that God is with us every day. And to take the time to pray even a short arrow prayer can be enough to let the Holy Spirit in to your head and heart, and to give the time to TAKE TIME to remember Our Heavenly Father who reminds us to, **be still and, know that I am God.**

When we allow time for God we find that he is always with us and that he dearly loves us and we are his children. Jesus was happy to be called the Son of God and did his will right to the cross so that our sins were forgiven. What a gift for all that have received it through the years. We must treasure that gift and be prepared to be as the light of the world and to take the light out to all whom we meet in our daily lives. Take time in your busy lives to stop and listen for the Holy Spirit to guide your days. When we do this then our love for our Heavenly Father will be even deeper and we will feel him ever closer in our daily walk with our heavenly family around us supporting us and God by our side keeping us on an even keel.

PRAYER

Loving Heavenly Father, we thank you that you love us even with all our faults, and when we forget to love you right back. Please enter our hearts and remind us that you are with us always. Let your love burrow deep into our hearts, let it then shine **through us wherever we are. Amen**