

Friday 27 November 2020

*Ps.38,9: "All my longings lie open before you, Lord: my sighing is not hidden from you."*

*Jam.1,3: "Know that the testing of your faith produces perseverance."*

God knows the longings of those who struggle with sin and the temptation thereto, who are aware that the course they have followed has taken them away from him and soured things; he hears the sighing of those whose guilt has overwhelmed them like a burden too heavy to bear (v.4).

Therefore, those who thus long and sigh must hope that the Lord will heal and restore them because of what they must know – that God is a Saviour to all who call on him. And where is he but in Christ Jesus?

*"In my alarm I said, 'I am cut off from your sight!' Yet you heard my cry for mercy when I called to you for help.*

*Love the LORD, all his faithful people! The LORD preserves those who are true to him, but the proud he pays back in full. Be strong and take heart, all you who hope in the LORD." (Ps.33,23-24)*