

Wednesday 21<sup>st</sup> October 2020

Matthew 6:34.

So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

Count your blessings. Name them one by one, then you will know what God has done.

I have sung this song many times over the years. We first sang it in Sunday School. But never really thought about the words back then, but they have a much greater meaning in today's world. Have you ever been talking to someone and thinking what at the same time about what you will be doing tomorrow? Or going out to dinner but not tasting any of the meal because your mind is so focused on the trials of the world and the pandemic, which is on all our minds at this time? Not just the pandemic but all the other worries round about us.

In the reading Jesus takes us to task. By telling us that today has enough troubles without worrying about happens or might happen tomorrow. Therefore, live our lives day by day, as in the hymn one day at a time, and take the time to bring praise and honour to God for all his good gifts to us. Count your blessings today. These four little words, have a much deeper meaning and make one much more aware of what we do have in our lives. Roofs over our heads food and clothes water to drink we must count our daily blessings and thank God for what he has done. Living in the world of today will give you more time to build a trust in God that he will supply our needs. Let us tune our ears to the words that the Holy Spirit will imprint in your mind. Be aware of the presence that walks alongside you daily and carrying you through the times of trouble. Again count your many blessings and know what God has done. Give thanks with a grateful heart.

Let's pray. Father forgive us for looking to tomorrow when we should be concentrating on today. Help us to hear you and we pray that we will be able to count our blessings and to help others in their time of need let us all Give thanks for all your good things given freely to us in your love for us. Amen