## Tuesday 7<sup>th</sup> July 2020

Psalm 9:10 "Those who know your name will trust in you,

For you, Lord, have never forsaken those who seek you"

Psalm 125:1, 2 "Those who trust in the Lord are like Mount Zion, which cannot be shaken but endures for ever.

As the mountains surround Jerusalem so the Lord surrounds his people both now and for evermore."

Zion was part of one of the hills on which Jerusalem was built and has become strongly associated with the Jewish faith and theology. Mount Zion's rock symbolises how our trust in God should be. Rock solid.

In modern life we 'trust' the weather will hold. We 'trust' the bus will turn up on time. We 'trust' Tesco will deliver all the items we have requested. We 'trust' our doctors, lawyers and the disseminators of news. We 'trust' our partners to keep to their vows.

When we use the word trust in these contexts there is always an element of doubt that our trust will be betrayed. We can be suspicious, cynical, devious or faithless.

The psalmists make clear that none of this should apply to our trust in God. He knows us so well and realises our weaknesses and yet still offers redemption for those who truly believe.

Lord, help us to carry our trust in You into our daily interactions and relationships. Amen