

Monday 18th May 2020

Time for God.

Now people of Israel, listen to what the Lord your God demands of you: Worship the Lord and do all that he commands. Love him, serve him with all your heart and obey all of his laws. I am giving them to you today for your benefit. Deuteronomy 10: 11-13.

Sometimes, we might ask, 'What does God want me to do?' Moses tells us that we should revere Him, walk in His ways, love Him, serve Him and observe His commands.

The coronavirus pandemic is shaping our lives at the moment with the necessary rules and regulations, set out by our Government, aiming at saving lives. Some people go to work and apply the social distancing rule, others stay at home because that same rule cannot be applied in their workplace. Some stay at home because they need to 'shield', while others volunteer to support those who are 'shielding'. Our lives have been turned upside down.

Until recently, when the daily lives of many of us consisted of rushing about in a physical, mental and emotional sense from one end of the day to the next, some of us were beginning to ask what it was all about. We had become lost, unhappy, frustrated, ill-at-ease and wanted to jump off the turning wheel of constant activity, but did not know how to do so or felt guilty at the thought.

It is not our will that we are caught up in the coronavirus pandemic. Nor has it been the will of many of us to have been caught up in another pandemic: that of *busyness*, a condition which has crept into our lives silently in recent years and has become part of our culture. How often do we say, 'I haven't had time'. How often have we done nothing to resolve the fact that we have not had time – time for our families, friends and most importantly, time for God.

In recent weeks many of us have had more time on our hands than we could ever wish for because of COVID-19. We are doing as we have been asked. We are staying at home.

I wonder how many of us have used those extra hours to spend more time with God – in worship, in prayer or in reading the Bible? The more we get to know God, the more we shall live as God would wish us to live.

Today, let us take the time to place ourselves in God's hands. Do as Moses asks. Revere God, walk in His ways, love Him, serve Him and observe His commands. In God we can find our peace.

Amen.